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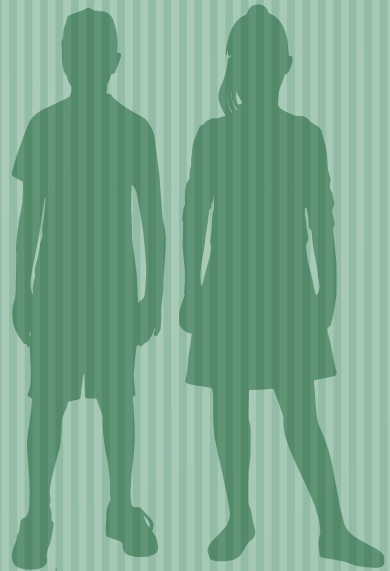
>10-13Y



TAKING
FAITH

home

DISCIPLESHIP
FOR YOUR
10 TO 13-YEAR-OLD



**AS PARENTS WHO BELIEVE WE ARE LOVED BY GOD,
WE WANT TO DO ALL WE CAN TO HELP OUR CHILDREN
RECEIVE THAT SAME LOVE THROUGH A RELATIONSHIP
WITH GOD THAT LEADS TO A SPIRIT FILLED LIFE OF
SERVICE AND FAITH.**

The question is, how do we do this? Research shows that we cannot delegate the important task of mentoring our children towards discipleship. Even at this age, as your children start to become more independent, their greatest influence is still you, their parent.

This pamphlet is a brief guide and idea resource for you as a parent on how to mentor your child as he / she moves towards the teenage years and encounters a variety of cultural voices. At this stage of their life, they are experiencing a greater sense of individuality. This can be complicated. They need your help to navigate these years, and make sense of their faith. Here are some simple aims and ideas that might prove helpful as you and your child meet the challenges of this developmental phase.



FIVE AIMS

FOR PARENTS OF 10 TO 13-YEAR-OLDS
ALONG WITH SOME PRACTICAL TIPS:

TALK ABOUT BAPTISM AND FOLLOWING JESUS

- For most young people, the physical act of baptism happens later in the teenage years, but research shows that the worldview that leads to that decision is usually in place by the age of 13. Talk, therefore, about faith, baptism, and decisions.
- When your child talks about wanting to be baptised and follow Jesus, support this decision.
- Tell them the story of how you became a Christian, your baptism and how you came to be a follower of Jesus, and integrate faith into everyday conversations.



ENCOURAGE TIME WITH CHRISTIAN FRIENDS

- Friends are increasingly important at this time, so take initiative to invite church friends over for the weekend.
- Try to have conversations about friendships and the importance of choosing good friends and being a good friend.
- Start a “betweens” group at church, which can meet together for fun, bible study, and service.

HELP YOUR CHILD DEVELOP A PERSONAL RELATIONSHIP WITH GOD

- Help your child achieve time alone with God by helping them make a plan and providing age appropriate resources (i.e. Bible, journal, Sabbath School material).
- Make sure your child witnesses you setting time aside for communication with God.
- Keep up the family traditions – family worship and Sabbath activities continue to build faith and identity.

INVOLVE YOUR CHILD IN CHURCH

- Show your child that you value their spiritual education by bringing them to Sabbath School.
- Talk to the church leaders about how your child can be involved in the church.

DEVELOP A DEEPER UNDERSTANDING OF BIBLE STORIES AND BIBLICAL DOCTRINES

- Keep reading and telling stories from the Bible, and share what the stories mean to you.
- Tell your child how the teachings and doctrines of the Bible help you make life decisions.

RESOURCES:

Gracelink:

Sabbath school lesson – Interactive bible lessons, also with worship ideas for every day. www.juniorpowerpoints.org. There is a podcast every week here. You can get the podcast on your telephone if you download the Sabbath School app.

Suggestions for age appropriate Bible:

The Clear Word for Kids, by Jack J. Blanco

Forever Stories, by Caroly Byers

Family Bible Story, by Ruth Redding Brand

Devotionals:

Passport to Adventure, Rich Aguilera

Over the Top, by Kay D. Rizzo

What We Believe, by Jerry D. Thomas

God Loves Me 28 Ways, by Charles Mills and Linda Koh

We Can trust the Bible, by Tim Lale

Step by Step, by Jerry D. Thomas

Guides Greatest, by Lori Peckham

Kids reading on their own:

Shoebox Kids Bible Stories, by Jerry D. Thomas

Detective Zack books, by Jerry D. Thomas

The Adventist Girls books

My Quiet time with Jesus- Prayer Calendar and Journal, Karen Holford and Linda Koh
Guide (www.guidemagazine.org)

Family Worship:

100 Quick Worship Ideas for Kids, by Karen Holford

100 Creative Ways 2 Learn Memory Verses, by Karen Holford

100 Creative Prayer Ideas for Kids, by Karen Holford

100 Creative Activities for Sabbath, by Karen Holford

Interactive Family Worship, by Bill Kirstein

Christian Parenting:

10 Christian Values Every Kid Should Know, by Donna J. Habenicht

DVD:

The Creation Case, by Rick Aguilera

CD:

Your Story Hour

Discover Quest, by Rick Aguilera



A BLESSING

TO SAY OVER YOUR 10 TO 13-YEAR-OLD:

May the grace of the Lord Jesus Christ,
the love of God, and the fellowship of the Holy Spirit
be with you, (name of child).

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